

RESIDENT ROUNDS: PART I

Resident Rounds is a section of the JDD dedicated to highlighting various dermatology departments with residency training programs. Resident Rounds includes three sections: (1) a program spotlight highlighting pertinent information about the department and residency training program; (2) a section presenting study materials used by residents at the program; and (3) a section designed to highlight recent interesting cases seen at the institution. This issue of Resident Rounds features the Department of Dermatology, Baylor University Medical Center. The editor of Resident Rounds is Dr. Ali Alikhan. If you are interested in highlighting your training program in a future issue, please contact Dr. Alikhan at alialikhan1@yahoo.com.

Program Spotlight: Baylor University Medical Center Dermatology Residency Program

Mahir Patel MD and Mary E. Horner MD

Department of Dermatology, Baylor University Medical Center, Dallas, TX

The Baylor University Medical Center Dermatology Residency Program in Dallas, Texas was started in 2007 by Program Director, Dr. Alan Menter. The program consists of 6 full-time dermatology residents, a clinical research fellow, and a translational research fellow, and is the main teaching site for Texas A&M Health Science Center medical students rotating in dermatology.

Baylor Dermatology offers a well-rounded experience through a unique blend of academic medicine and private practice. Early in training, residents are exposed to complex patients in a tertiary referral center for psoriasis and medical dermatology. Residents contribute to a multitude of investigator-initiated and clinical research studies that use cutting-edge investigative therapies for medical dermatologic conditions. By the end of their training, residents are confident in managing some of the most complex cases, including systemic and biologic agents, mindful of each patient's individual clinical presentation.

Beginning in their first year, residents are engaged in scientific publication and begin to design their original research project. Since the program's inception in 2007, this small group of residents has been responsible for 57 publications in peer-reviewed journals, and taken part in 24 oral presentations at the regional, national, and international level.

Given that many of them will pursue private practice after their residency, residents are taught medical billing, cost-effective medical decision-making, the advantages and disadvantages of electronic medical records, and the nuances of practice management. All residents complete a quality improvement project aimed at enhancing work-flow and patient care in either the hospital or private practice setting.

The program is committed to offering the full breadth of dermatologic training and to excel in all aspects of dermatologic care. To this end, a monthly cosmetic clinic has been created where Dallas area cosmetic experts volunteer to teach the residents traditional and innovative approaches to neurotoxins and fillers.



Back Row (left to right): Mahir Patel, Jay Wofford, Jeffrey Cizenski, Daniel Zaghi.
Front Row (left to right): Elizabeth Wilder, Mary Horner.

Congruent with Dr. Menter's philosophy on global contribution and service, residents have the program's support to seek international opportunities. These have included international mission trips to Kenya, a surgical mission in Guatemala to treat children with Xeroderma Pigmentosum, and a month-long elective at an HIV clinic in Botswana. Residents have also extended their interests beyond the clinic and been involved in American Academy of Dermatology leadership and political advocacy, including several trips to Washington, D.C.

Baylor Dallas offers a diverse learning experience for residents to ensure that they are prepared for a successful and fulfilling career after residency. Individual resident interests are fostered and cultivated by the program and faculty to provide an ideal environment for future leadership and contribution to the field of dermatology.

Disclosures

Neither of the authors has declared any relevant conflicts of interest.

AUTHOR CORRESPONDENCE

Mary Horner MD

E-mail:..... maryehorner@gmail.com