

RESIDENT ROUNDS: PART I

Resident Rounds is a section of the JDD dedicated to highlighting various dermatology departments with residency training programs. Resident Rounds includes three sections: (1) a program spotlight highlighting pertinent information about the department and residency training program; (2) a section presenting study materials used by residents at the program; and (3) a section designed to highlight recent interesting cases seen at the institution. This issue of Resident Rounds features the University of Oklahoma Dermatology Residency Program. The editor of Resident Rounds is Dr. Ali Alikhan. If you are interested in highlighting your training program in a future issue, please contact Dr. Alikhan at alialikhan1@yahoo.com.

Program Spotlight: University of Oklahoma Dermatology Residency Program

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The Department of Dermatology at the University of Oklahoma Health Sciences Center came into existence in 1916 and is quickly approaching one century of providing healthcare to the citizens of Oklahoma.¹ Originally deemed the Department of Dermatology, Electrotherapy, and Radiography, the department name was changed to the Department of Dermatology and Syphilology in 1935. Subsequently, the name was shortened to the Department of Dermatology.

In 1945, a 2-year residency training program was founded. In 1958, the program was changed to a three-year residency program, and that program continues to this day educating residents in the art of dermatology. Currently, the training program is housed in a standalone dermatology building where administrative duties and most outpatient encounters occur. The residents also spend a great deal of time training and consulting on patients at Oklahoma University Medical Center, the Oklahoma Children's Hospital, the Oklahoma City Veterans Affairs Medical Center (VAMC), Regional Medical Laboratory in Tulsa, as well as other satellite campuses for the University of Oklahoma Health Sciences Center.

The current residency program includes 3 residents per year for a full complement of 9 residents. At present there are five full-time faculty including two medical dermatologists, two fellowship-trained Mohs surgeons, and a fellowship-trained pediatric dermatologist. Multiple community dermatologists generously devote time each month in running resident clinics and teaching during didactic sessions, expanding

resident exposure to various patient management styles. Once a month, a resident focused journal club focuses on current literature that may assist in resident education while a community practitioner focused journal club, attended by community dermatology practitioners, focuses on current literature that assists in patient care. Finally, the residents get a half-day per week to focus on didactics, morphologic presentations from interesting patients, and Grand Rounds. The residents at the University of Oklahoma have a very diverse training program with exposure to a wide array of medical and pediatric dermatology.



The Department of Dermatology residency program includes a multiphasic dermatopathology experience with the cornerstone of the dermatopathology centered at Regional Medical Laboratory in Tulsa, Oklahoma. The Dermatopathology unit includes five fellowship trained dermatopathologists, examining approximately 40,000 skin biopsies annually. Dermatology residents rotate for 2-4 weeks each per year. In this way, the dermatology residents have an opportunity to see between 500 and 2,000 cases per year. In addition to the foregoing, dermatology residents review all skin biopsies that they personally perform on patients in the OUHSC Department of Dermatology clinical practice. This affords them an opportunity for direct clinical-pathological correlation. Finally, three structured dermatopathology conferences are conducted each week including an Unknown Conference, where residents assess and review slides they are blinded to, a Dermatopathology Textbook Review Conference, and slide review at the OU Dermatology Grand Rounds Conference.

From a procedural training standpoint, residents advance through the program with expectation of continued competency. Gaining basic surgical principles at the VAMC, the residents are scheduled in a rotation with our Mohs Surgeons for more advanced training and observation of advanced surgical skills. Beyond that, residents are educated in cosmetic dermatologic procedures from injectables to ablative and non ablative laser therapies. Finally, as we initiate our Vein Clinic, residents will have increased exposure to treatment of venous and lymphatic disease utilizing sclerotherapy, ambulatory phlebectomy, and endovenous laser ablation. Thus, the residents at the University of Oklahoma obtain a diverse, hands-on training in many aspects of procedural dermatology.

Upon completion of this curriculum, dermatology residents are able to demonstrate expertise in the principles and practice of dermatology of both common and rare dermatologic diseases and conditions. Our intention is to produce independent, thoughtful, and intellectually curious graduates intent upon, and prepared for, a life of self-directed learning and dedication to the advancement of the human condition through academic pursuits and/or through care of patients with dermatologic disease.

Disclosures

None of the authors have disclosed any relevant conflicts.

References

1. Everett, MA. University of Oklahoma Medical Center. *Cutis*. 1971; 8(3):289.

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